

BUCKINGHAMSHIRE ATHLETIC ASSOCIATION

CROSS COUNTRY CHAMPIONSHIPS

*Joint Championships with Bedfordshire AAA
(under UKA Rules)*

Saturday 4th January 2020

Shuttleworth, Old Warden Park, Biggleswade SG18 9EA

11.30am	UNDER 13 GIRLS <i>(Approx 3km)</i>	born between 1.09.06 and 4.01.09 <i>Teams: 3 to score</i>
11.45am	UNDER 13 BOYS <i>(Approx 3km)</i>	born between 1.09.06 and 4.01.09 <i>Teams: 4 to score</i>
12.00pm	UNDER 15 GIRLS <i>(Approx 4km)</i>	born between 1.09.04 and 31.8.06 <i>Teams: 3 to score</i>
12.15pm	UNDER 15 BOYS <i>(Approx 4km)</i>	born between 1.09.04 and 31.8.06 <i>Teams: 4 to score</i>
12.30pm	UNDER 17 WOMEN <i>combined with</i>	born between 1.09.02 and 31.8.04
	UNDER 20 WOMEN <i>(Approx 6km)</i>	under 20 on 31.12.20 (IAAF age group) <i>Teams: 3 to score</i>
1.00pm	UNDER 20 MEN <i>(Approx 8km)</i>	under 20 on 31.12.20 (IAAF age group) <i>Teams: 4 to score</i>
	VET MEN 60 & 70 <i>(Approx 8km)</i>	over 60 and 70 on 4.01.20
	SEN MEN <i>Combined with</i>	
	VET MEN <i>(Approx 11km)</i>	over 40 and over 50 on 4.01.20 <i>Combined Teams: 6 to score</i> <i>Vet Teams: 4 to score</i>
1.05pm	UNDER 11 GIRLS <i>(Approx 1.6km)</i>	born between 1.09.08 and 4.01.11 <i>Teams:3 to score</i>
1.15pm	UNDER 11 BOYS <i>(Approx 1.6km)</i>	born between 1.09.08 and 4.01.11 <i>Teams:3 to score</i>
2.00pm	SENIOR WOMEN <i>combined with</i>	
	VET WOMEN <i>(Approx 8km)</i>	over 35, over 45, over 55 on 4.01.20 <i>Combined Teams: 3 to score</i> <i>Vet Teams: 3 to score</i>
2.45pm	UNDER 17 MEN <i>(Approx 6km)</i>	born between 1.09.02 and 31.08.04 <i>Teams: 4 to score</i>

UNDER 13 Girls and UNDER 13 Boys must be 11 years old on the day of competition

Individual and Team Medals

In UNDER 11, 13, 15, 17 and 20 age groups, Gold, Silver & Bronze medals will be awarded in all events. In all other age groups Gold medals will be awarded to all winners, Silver medals will be presented if there are between 6 and 9 entries, Bronze will be awarded if there are 10 or more entries.

ENTRIES CLOSE ON 29th DECEMBER 2019.

Entry Fee: £8.00

Entry details on www.bucksaa.org.uk