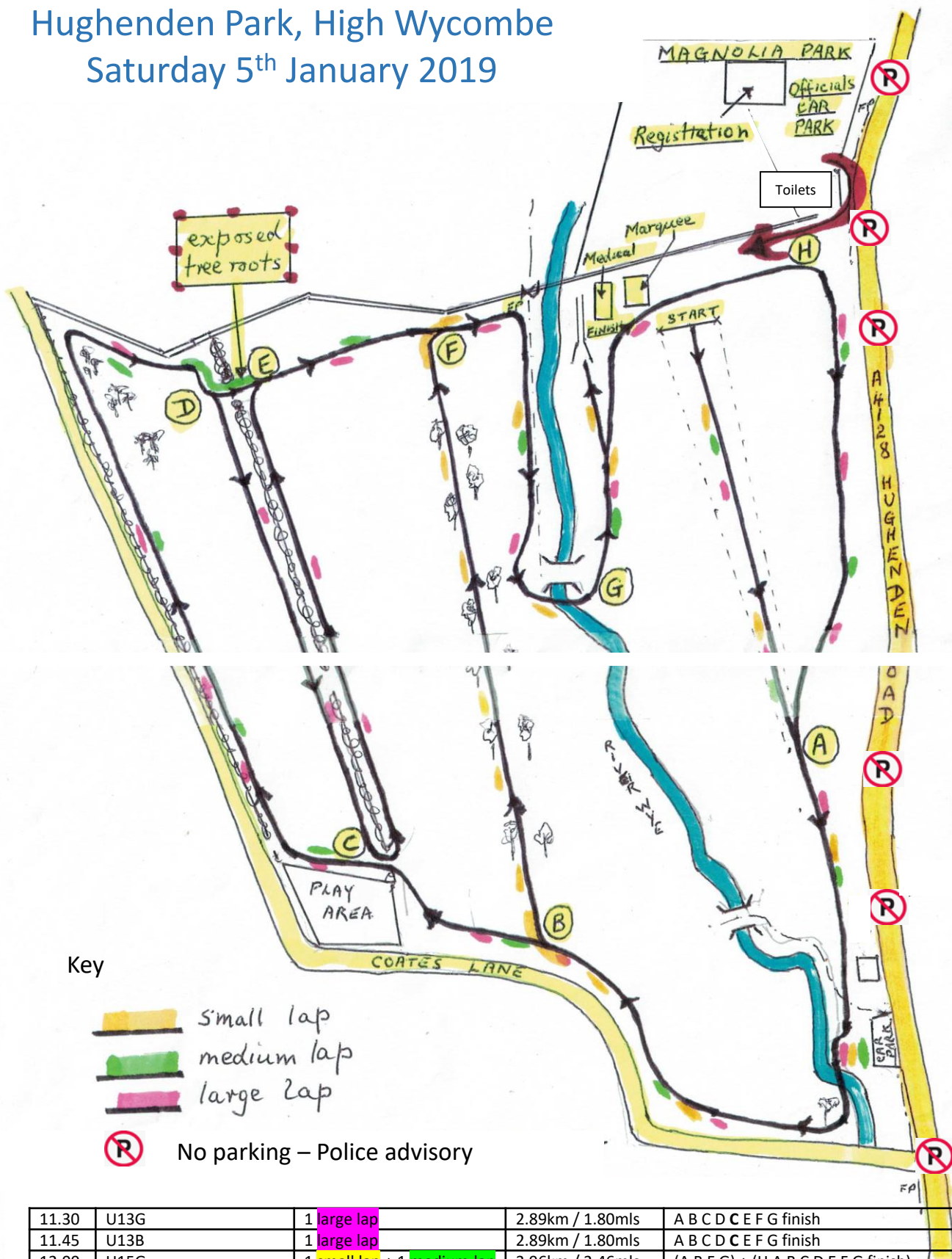


Buckinghamshire & Bedfordshire County  
 Cross Country Championships  
 Hughenden Park, High Wycombe  
 Saturday 5<sup>th</sup> January 2019



Key

- small lap
- medium lap
- large lap

P No parking – Police advisory

11.30	U13G	1 large lap	2.89km / 1.80mls	ABCDCEFG finish
11.45	U13B	1 large lap	2.89km / 1.80mls	ABCDCEFG finish
12.00	U15G	1 small lap + 1 medium lap	3.96km / 2.46mls	(A B F G) + (H A B C D E F G finish)
12.15	U15B	1 small lap + 1 medium lap	3.96km / 2.46mls	(A B F G) + (H A B C D E F G finish)
12.30	U17W	2 large laps	5.79km / 3.60ml	(A B C D C E F G) + (H A B C D C E F G finish)
13.00	U20M + V60M + V70M	3 large laps	8.69km / 5.40mls	(A B C D C E F G) + 2 x (H A B C D C E F G) + finish
	Snr M + V40M + V 50M	4 large laps	11.58km / 7.20mls	(A B C D C E F G) + 3 x (H A B C D C E F G) + finish.
14.00	U20 W	2 large laps	5.79km / 3.60ml	(A B C D C E F G) + (H A B C D C E F G finish)
	Snr W + Vet W	2 large laps + 1 medium lap	8.24km / 5.12mls	(A B C D C E F G) + (H A B C D C E F G) + (H A B C D E F G) + finish
14.45	U17M	2 large laps	5.79km / 3.60ml	(A B C D C E F G) + (H A B C D C E F G finish)