

BUCKINGHAMSHIRE ATHLETIC ASSOCIATION
2016 Track & Field Championships
To be held jointly with Oxfordshire
Under UKA Rules
Saturday 14th and Sunday 15th May 2016
Horspath Road, Oxford

Under 13 & Under 15 Girls & Boys, Under 17, Under 20 and Senior Men & Women
Track and field events are offered in each age group for both male and female athletes.
A list of all Championships events is attached.

AGE GROUPS AND QUALIFICATIONS

U13	(Sch Yrs 6 & 7)	Aged 11 or 12 on 31/08/2016
U15	(Sch Yrs 8 & 9)	Aged 13 or 14 on 31/08/2016
U17	(Sch Yrs 10 & 11)	Aged 15 or 16 on 31/08/2016
U20		Aged 17 or over on 31/08/2016 and under 20 on 31/12/2016
Seniors		Aged 20 or over on 31/12/2016

Athletes must have a Buckinghamshire qualification obtained either by **birth or 9 months continuous residence** within the former or existing boundaries of the county prior to the date of the competition.

ENTRY DETAILS

The entry fee is £4 per event.

On-line entry is preferred at www.bucksaa.org.uk
(a form for postal entry is available on the Bucks AA website)

Enquiries to buckinghamshireaa@gmail.com

CLOSING DATE IS SATURDAY 30th APRIL 2016 - NO LATE ENTRIES WILL BE ACCEPTED

Heats: Whenever practical the constitution of the heats will be drawn from athletes from both Counties. Athletes will qualify from the heats to separate County finals. For example: 11 athletes enter from Buckinghamshire and 12 from Oxfordshire. There will be 3 heats with athletes from each county in each heat. The first 2 Buckinghamshire athletes from each heat plus 2 fastest losers from Buckinghamshire will qualify for the Buckinghamshire Final and similarly the first 2 Oxfordshire athletes in each heat plus the 2 fastest Oxfordshire losers will go forward to the Oxfordshire Final.

Finals: If insufficient athletes have entered the Championships to justify heats then the event will be scheduled as a Final. If Heats have been timetabled and insufficient athletes report to justify holding heats then the event will be held at as a final **AT THE HEAT TIME**

Field events

Trials: In the horizontal jumps and throwing events each competitor will be allowed 4 trials.

High Jump: Starting heights will be U13 – 1.05m, U15 – 1.15m, U17 – 1.25m, all other age groups 1.40m and the bar will be raised in 5cm progressions **until** only 3 competitors remain from all the age groups starting that competition when it may be raised by 3 cm.

Pole Vault: Starting heights will be U15G – 1.50m, U15B & U17W – 1.70m, all other age groups 2.00m and the bar will be raised in 10cm progressions until only 3 competitors remain from all the age groups starting that competition when it may be raised by 5 cm.

Triple Jump: For U17W and U20W boards will be 7m & 9m only; U17M and SW 7m, 9m & 11m; U20 and SM 9m & 11m

Athletes should not enter events they have not previously attempted and trained for.

Buckinghamshire Medals

For the Under 13, Under 15 and Under 17 age groups, Gold, Silver and Bronze medals will be awarded in all events.

For U20 and Senior age groups, Gold medals will be awarded to all winners, Silver will be awarded if there are between six and nine entries and Bronze will be awarded if there are ten or more entries in the programme.

BUCKINGHAMSHIRE ATHLETIC ASSOCIATION

SCHEDULE OF EVENTS FOR EACH AGE GROUP

The day on which each event will be held is shown below. The final timetable will be drawn up after the close of entries. A final timetable will be posted on the Bucks AA website in the week preceding the event.

SATURDAY

U.13 Girls	U.15 Girls	U.17 Women	U.20 Women	Senior Women
100m	100m	100m	100m	100m
1500m	300m	300m	400m	400m
70m Hurdles	1500m	1500m	1500m	1500m
	75m Hurdles	80m Hurdles	100m Hurdles	100m Hurdles
Long jump	Pole vault	Long jump	Long jump	Long jump
Pole Vault	Shot	Pole vault	Pole vault	Pole vault
Shot	Discus	Shot	Shot	Shot
Discus		Discus	Discus	Discus
U.13 Boys	U.15 Boys	U.17 Men	U.20 Men	Senior Men
100m	100m	100m	100m	100m
1500m	300m	400m	400m	400m
75m Hurdles	1500m	1500m	1500m	1500m
	80m Hurdles	100m Hurdles	110m Hurdles	110m Hurdles
Long jump	Pole Vault	Pole Vault	Pole Vault	Long jump
Pole Vault	Shot	Shot	Shot	Pole Vault
Shot	Discus	Discus	Discus	Shot
Discus				Discus

SUNDAY

U.13 Girls	U.15 Girls	U.17 Women	U.20 Women	Senior Women
200m	200m	200m	200m	200m
800m	800m	800m	800m	800m
	3000m	3000m	3000m	3000m
		300m Hurdles	400m Hurdles	400m Hurdles
High jump	Long jump	High jump	High jump	High jump
Javelin	High jump	Triple jump	Triple jump	Triple jump
	Javelin	Javelin	Javelin	Javelin
	Hammer	Hammer	Hammer	Hammer
U.13 Boys	U.15 Boys	U.17 Men	U.20 Men	Senior Men
200m	200m	200m	200m	200m
800m	800m	800m	800m	800m
	3000m	3000m	3000m	3000m
		400m Hurdles	400m Hurdles	400m Hurdles
High jump	Long jump	Long jump	Long jump	High jump
Javelin	High jump	High jump	High jump	Triple jump
	Javelin	Triple jump	Triple jump	Javelin
	Hammer	Javelin	Javelin	Hammer
		Hammer	Hammer	

Athletes in the U13, U15 and U17 age groups are limited to a maximum of three events on each day.
U13's & U15's may only do one long track event on each day.

Other Championships (*Entry forms will be on Bucks AA website*):

Bucks 5K track championship will be held within the Town vs Gown Fixture at Iffley Road on Wednesday May 18th
Bucks 10K track and Steeplechase championships will be held at Stoke Mandeville on Wednesday September 21st
QuadKids championship will be held at Stoke Mandeville on Sunday 12th June