

**BUCKINGHAMSHIRE ATHLETIC ASSOCIATION  
in conjunction with  
Hertfordshire Association of Athletic and Running Clubs**

**BUCKINGHAMSHIRE  
UNDER 13 PENTATHLON CHAMPIONSHIPS  
(Hurdles, Shot, High Jump, Long Jump, 800 m.)**

**at Dacorum Athletics Track, Jarman Park, Hemel Hempstead**

**on Sunday 4<sup>th</sup> July 2004  
Start 11.00 a.m.**

**also  
HERTFORDSHIRE UNDER 13 PENTATHLON CHAMPIONSHIPS  
and  
OPEN PENTATHLONS**

Under 11 Boys/Girls	Hurdles, Shot, High Jump, Long Jump, 600 m.
Under 13 Boys/Girls)	
Under 15 Boys/Girls)	
Under 17 Women )	Hurdles, Shot, High Jump, Long Jump, 800 m.
Under 20 Women )	
Senior/Vet Women )	
Under 17 Men )	
Under 20 Men )	Long Jump, Javelin, 200m., Discus, 1,500 m.
Senior/Vet Men )	

Entry Fee (all age groups) £3.00  
Cheques payable to Herts Association of Athletic and Running Clubs

Entry details – name, category, date of birth and club – to:

Fred Ward,  
1 Pimlico,  
Hemel Hempstead,  
Herts HP3 8SH  
Tel: 01923 267589

Closing Date: Saturday 26<sup>th</sup> June 2004