



Founded 1893

# VALE OF AYLESBURY ATHLETIC CLUB

Proudly Presents

Wednesday 23<sup>rd</sup> September 2015

Stoke Mandeville Stadium, Guttman Road, Aylesbury, Buckinghamshire, HP21 9PP

Open Mile track race(s) - from 6:45pm (minimum age 13)

Open 10,000 Metres track race incorporating the Buckinghamshire 2015 championships from 7.15. Two races may be run if required.

Open 3,000 Metres steeplechase race incorporating the Buckinghamshire 2015 championships 9.15 approx.

£4 entry fee for first race additional £2 for each additional race

Buckinghamshire qualification (10,000m and S/Chase) y/n If yes by birth/residency

Surname.....First Name.....

Date of birth.....Age on race day .....Age Category..... Sex.....

Race..... mile/10,000/steeplechase circle event(s)

UKA Affiliated Club (if applicable) .....

Address.....

.....Telephone:.....e-mail.....

**Entry Fees: Cheques payable to Vale of Aylesbury A. C.**

Entries to: S. Rooney. 186 High Street, Winslow, Buckinghamshire. MK18 3DQ. 9" x 4" SAE if acknowledgement required

**Entries on the day if available. An additional fee of £2 will be charged for the 10,000 metre race**

I hereby declare that I am an amateur as defined by UKA Laws & Rules. I certify that I will only participate if medically fit to do so and I agree to follow all instructions issued by the race officials. I understand that I participate in this event entirely at my own risk and that the Vale of Aylesbury Athletic Club will not be responsible for any accidents, injuries, loss or damage incurred as a result of my participation in the event. I understand that my entry details will be kept on computer in accordance with The Data Protection Act 1998.

Signed..... Date.....